



Lesson # 9

Lesson Plan
Revised 7/06

Sights and Joys of the Sea

Grade Level: K-2

Teachers, this is a basic lesson plan that you may modify at your discretion.

Modifications to Video: There have been several changes to the lesson plan since the video was made. This lesson plan reflects the latest changes made as a result of suggestions from teachers who have presented the lesson during the daytime program. Please continue to send us your ideas!

Overall Educational Objectives: The children create in movement the feeling of the ocean, the bubbles, waves, and foam. The children brainstorm for ideas of how to represent these. After an idea is agreed upon, then the groups practice the idea. They will join together to create a combined piece that reflects the sights and joys of the sea as well as a day spent on the beach.

Associated Standard and CORE Objectives:

- **7500-0503** - Create curved, straight, bent and twisted shapes with the body.
- **7500-0504** - Express through motion such things as textures, senses, and emotions. (To stimulate exploration, the teacher might use words such as sad, happy, noisy, quiet, rough, smooth).
- **7510-0504** - Through movement, explore over/under, above/below, near/far, in front/behind, inside/outside, and around/through.

Materials List:

- Joys of the Sea component:
 - 1 - large sheet
 - 1 - PVC stand for sheet (will need assembly)
 - - overlays for overhead projector
 - 1 - extension cord
 - 1 - audio tape
 - 1 - audio cassette player
- Sights of the Sea component:
 - 3 - blue mesh
 - 6 - blue scarves
 - 6 - white scarves
 - 2 – green scarves
 - 6 - blue and white beach balls
 - 1 - strobe light
 - 3 - green seaweed pom poms

Teacher Provides:

- Overhead projector

Pre-Lesson Setup

1. Assemble the stand for the sheet putting the colored pieces together, red with red, blue with blue, green with green. Then slide the sheet over the top cross piece and spread the sheet evenly across the width of the stand.



2. Position your overhead projector so that it shines directly on the sheet, with room in between for students to perform their shadow play.

Lesson Activities:

A. Joys of the Sea

1. Setup the overhead projector, aiming it at the sheet hung on the PVC frame.
2. From memory or imagination, have the students suggest ideas of things they would do at the beach. Explore ways of creating the image in movement by having the students take turns walking behind the sheet and in front of the projector.
3. Explain the simple rules for shadow theater:
 - a. Do not touch the sheet.
 - b. One entrance and exit at a time.
4. Allow the children to perform the movements discussed to express their ideas as the music plays. Change the overlays on the overhead to create the mood of a day on the beach.

B. Sights of the Sea

1. If necessary, take the sheet down and move the overhead to allow room for the ocean movement piece.
2. Divide the students into groups and give them props to use as they move to the music.
3. Give some suggestions, but encourage the children to improvise with their own ideas.
4. The children in the center act as waves moving seaweed. They concentrate on the movement created as their backs arch and bend under scarves.
5. The long waves are moved as two children cooperate to create a large, shimmering wave in the ocean.
6. Have the children with bubble balls match their movement to the music and the swirling, flowing path of ocean foam, and have them move in conjunction with the large waves.
7. The children creating the movement of the small waves learn to synchronize their actions with a game of "follow-the-leader" as the first ones wave, then the next, followed by the next wave, and so forth around the circle duplicating the rhythm of the sea.

8. All actions are combined as the music plays and the strobe light flickers. This will provide the children a very satisfying, creative experience.

NOTE: Guidance must be given to create the mood of the ocean. Watching the video will be very helpful in your preparation for this module. Depending on the maturity level of the children, kindergarten especially, a pre-activity to acquaint them with the strobe light is suggested.

Safety Precautions: You should take precautions around the overhead, strobe lights, and electrical sources.

Please make your students aware that this lesson relates to the following:

Career Fields:

Science, Artistic

Occupations:

- **Artist:** Communicate ideas, thoughts, and feelings using a wide variety of materials and methods. These materials might include oils, watercolors, or plaster. They may also create drawings for use in business and industry. They may also create designs or illustrations for fashion publications, advertisements, or medical publications.

Education: Minimum Associate's Degree with related work experience.

- **Choreographer:** Create original dances. They may also create new interpretations to traditional dances, since few dances are written down. they instruct performers at rehearsals to achieve the desired effect. They will also audition performers.

Education: More than 12 months of on-the-job training.

- **Dancer:** Express ideas, stories, rhythm, and sound with their bodies. Many perform in classical ballet, while others perform modern dance, which allows more free movement and self-expression. Others also perform modern dance adaptations for musical shows, and in folk, ethnic, tap and jazz dances. Dancers also complement operas, musical comedies, television shows, movies, music videos, and commercials.

Education: More than 12 months of on-the-job training.

- **Musician:** Play musical instruments, sing, compose, arrange or conduct groups in instrumental or vocal performances. They may perform alone or as part of a group; before live audiences or on radio; or in recording studios, television, or movie productions.

Education: More than 12 months of on-the-job training.

- **Oceanographer:** Study the physical aspects of oceans such as currents and the interaction of the surface of the sea with the atmosphere. They also study and map the ocean floor and collect information using remote sensing devices aboard surface ships or underwater research craft.

Education: Bachelor's Degree

Review Questions:

8. What kinds of sounds do you associate with the ocean? Describe or model them.
9. What else do you think about when you think of the beach or the ocean?
10. Describe how each of your five senses (touch, see, hear, smell, taste) are involved in a visit to the ocean.